

High Adventure Program

OKPIK

Advanced Cold Weather Training

Course is taught under the supervision of an OKPIK trained instructor

Sessions will be held 7:30 -9:30 pm at Kellenberg High School

Uniforms are required. Refreshments served.

The cost of the complete course is \$45.00

Fee includes Blue Nose Training and Bluenose, OKPIK book and patch. TRC High Adventure Patches.

Prior winter camping is recommended

- **October 17, 2011**

A review of clothing, food preparation, shelter building, equipment, sanitation, geared to group expeditions of backpacking crew/patrol size.

- **November 14, 2011**

Winter travel, snowshoes, skis, crampons, snowboards, types, when to use.

- **December 2011** – Bluenose Training

- **January 09, 2012**

Winter first aid and rescue, emergency preparation, shelter and survival.

- **Practical: February 18-20 2012** Attend Bluenose with your unit.

Build an emergency shelter and sleep in it for one night. Show proper planning procedures and exhibit knowledge of living in a cold weather environment.

- **June 04, 2012**

Presentations and graduation

For more information contact Peter Gibbons - gibbonsp@optonline.net

Advanced Cold Weather Training - \$ 45.00

Name: _____ Phone: _____

Address: _____ Town: _____ Zip _____

E-Mail Address: _____

Troop/Crew # _____ Position / Rank: _____

Scoutmaster Approval _____ Date: _____

Adults, Boy Scouts / Venturers 14 years and older can attend this course, but must have their Scoutmaster's or Adviser's approval. **All participants must provide a recent BSA physical with physician signature.**

Please return this form along with your check for \$45.00 made payable to:

Theodore Roosevelt Council

544 Broadway

Revised 4/2010

Massapequa, NY 11758

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